



SATURDAY 15th JUNE 2024

**NORTH EAST OF ENGLAND
IRISH DANCE CHAMPIONSHIPS**

**PARKS LEISURE CENTRE
HOWDON ROAD, NORTH SHIELDS
TYNE & WEAR. NE29 6TL**

ADJUDICATORS

**Bernadette Trainor
Eulalia Ayton
Marie Treacy - Dixon
Kevin McCarron
Karen Gleeson
Brian Corrigan
Darina Corrigan - White
Adrian Stewart**

**London
Glasgow
Co. Cavan
Birmingham
Lancashire
Drogheda
Drogheda
Glasgow**

MUSICIANS

**Martin Daly
Liam O'Sullivan**

**Glasgow
Newcastle**

**Feis Results by Instep Feis Management
Closing date Wednesday 12th June 2024**

Entries online at: <https://clrg.gofeis.net/feis-detail/12#syllabus>

"Clairithe Leis An Coimisiun Le Rinci Gaelacha"

**All enquiries to: Barbara Slater ADCRG
Mobile: (+44) 0777 1711 273
EMail: nechampionships@gmail.com**



Welcome to The 2024 North East of England Irish Dance Championships

*The Championships are dedicated to the loving memory of our
Beautiful mam Muriel Slater*

Dear Teachers, Parent / Guardians and Dancers,

On behalf of the Championship organisers we are delighted to extend to you a very warm welcome to this year's North East of England Championships.

We will once again host our event at The Parks Leisure Centre with a large additional dancing area, enabling us to run our event over one day.

The original championship hall will now be used for our grade competitions with the new second hall being the Championships hall. We have two full size championship stages, a large grade hall, a recall/result hall upstairs, a dance studio practise area, changing facilities and parking spaces at both the front and rear of the building.

There will be a 100% recall in all Open & Preliminary Championships, to give dancers the opportunity to dance their opportunity to perform their set dance in readiness for the forthcoming British Nationals.

The top five dancers in the Trophy Reel competitions will receive trophy awards. The first placed winner in all grade competitions will receive a trophy award.

A Teachers award will be presented to the school attaining the highest overall points in each grade section:- Beginner, Primary and Intermediate.

The Liam Harper Boys Trophy Reel will take place after the Senior Championship, open to all boys who have competed on the day.

There will be a minor, junior and senior champion of champions competition which will run after the respective Championships, followed by a parade of champions.

We have an impressive line up of adjudicators and musicians and look forward to watching the very high standard of dancing our event always attracts.

We look forward to welcoming you all to the North East Region and thank you for your continued support

Kindest Regards

Barbara Slater ADCRG and Team Clann na nGael

Approved by North East Regional Council - SIGNED: R. O'DONNELL - FEIS REGISTRAR

RULES GOVERNING FEIS

1. Entries online at: <https://clrg.gofeis.net/feis-detail/12#syllabus> CLOSING DATE WEDNESDAY 12th JUNE 2024
2. Age to be taken from 1st January 2024. Entries accepted from Teachers registered with An Coimisiun le Rince Gaelacha
3. The Adjudicators decision is final. Prizes will be awarded in accordance with CLRG rules.
4. Beginner competitions are open to dancers who have never won a first place in that particular dance in any age group. Only basic steps may be performed. No clicks or rocks.
The Beginners Trophy Reel is confined to dancers who have danced in the Beginners Reel and have not previously won a Beginners Trophy Reel in any age group.
5. Primary competitions are open to dancers who have never won a first place in that particular dance in any age group. Excluding 1st placings won in the Beginner grades.
The Primary Trophy Reel is confined to dancers who have danced in the Primary Reel and have not previously won a Primary Trophy Reel in any age group.
6. Intermediate competitions are open to dancers who have not won a first place in that particular dance in their present age group.
The Intermediate Trophy Reel is confined to dancers who have danced in the Intermediate Reel competition and have not won an Intermediate Trophy Reel in their present age group.
7. If there are 5 or less competitors in any grade competition results will not effect a dancers grading status. However should a dancer win 3 such competitions they will move up to the next grade.
If there are 15 or more competitors in any Beginner competition, 1st 2nd & 3rd placed dancers will move up to the next grade. If less than 15 competitors only the 1st placed dancer will regrade.
8. Grade competitions are open to All Regions. Competitors upto and including U12 age in the Beginner & Primary grades may only wear a traditional class costume or a simple long/short sleeved top, polo shirt, body suit with skirt, tunic/trousers that conform to the regular costume length rule. Low cut tops & short tight skirts are not permitted.
9. Costume length: Length of costumes must adhere to principle of modesty & enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty, may ask a competitor to change into black tights (of a denier not less than 70%) in order for the dancer to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators must agree to ask the dancer to wear tights.(Effective from 1st March 2022)
10. Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage. Dancers wearing undergarments that do not fully cover the areas of the body will be asked to wear black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one, all adjudicators on the panel must agree to ask the dancer to wear tights. (Effective from 1st of March 2022).
11. With the exception of the Under 5, U6 & U7 age groups, a dancer who has won an Open championship, must dance in open competitions in the calendar year in which the championship was won
12. Respect for fellow competitors on stage is a requirement at all times. Lack of respect of courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.
13. Make-up will not be permitted for any dancer in the first two grades(Beginners & Primary) up to & including the Under 12 age group worldwide. For the purpose of this rule, the term 'make-up' includes tinted moisturizer and any artificial tanning products. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the under 10 age group.
14. All Open, Prelim and Local challenge cups, are perpetual trophies and must be returned to the feis organisers when requested. The recipient/guardian is responsible for any loss or damage to the award whilst in their possession.
15. Teams may contain up to 75% from a younger age group. A dancer may only compete in one team in the same age group, i.e., 1 x 2 hand, 1 x 3 hand etc. - the only exception to this would be where a dancer could dance in a mixed and unmixed 8 hand ceili team in the same age group.
16. No block, en Pointe, stationary or moving, is allowed to be performed for all ages up to and including the Under 12 Age Group.
17. Any competitor found to be using artificial carriage aids, and subsequently refuses to remove the same, will be subject to disqualification from that particular competition. Medically-prescribed apparatus (proof of which may be required) will be exempt from this ruling.
18. Dancers must be suitably dressed at all times. Changing facilities will be provided, therefore there should be no changing in public areas.
19. Any objections to these rules should be made in writing and handed to the Feis secretary with a fee of £20.00. The objection must be lodged within one hour after the completion of the competition. Where the objection is sustained the fee will be returned.
20. No video or digital cameras, or phone cameras or flash photography to be used during competitions. Mobile telephones and electronic games must be switched off in dancing areas.
21. There will be no consumption of alcohol in the building or in any area on site of The Parks premises.
22. Competitors are required to be ready to dance 30 minutes before their competitions are scheduled. They may lose their right to compete if not side stage when required.
23. The Feis organisers will as far as reasonably practical provide suitable surfaces for dancing. However they cannot be held responsible, or accept any liability for any injuries sustained whilst dancing. The lodgement of an entry will be deemed to be an acceptance of this provision by a dancer.
24. Subject to the approval of the Regional Council. The Feis organiser may cancel or amend any competition in this syllabus. All teachers would be informed before the event of any changes made.

RULES CONTINUED

25. North East teachers are required to forward a copy of their entry to the Regional Records clerk: Louise Killen at louise@killens.co.uk on or before Feis closing date. A £20 fine will be imposed by the Council for non-receipt of copy entries.

Metronome Speeds (effective from 1st January 2022)

DANCE	BEGINNER	PRIMARY	INTERMEDIATE
REEL	122 - 124	116 -118	113
SINGLE JIG	124	124	124
LIGHT JIG	116	116	116
SLIP JIG	124	120	113
HEAVY JIG	96	76	73
HORNPIPE	144	118	113

TRADITIONAL SET DANCE SPEEDS

ST PATRICK'S DAY	94
BLACKBIRD	144
GARDEN OF DAISIES	138
JOB OF JOURNEYWORK	138
KING OF THE FAIRIES	130
THREE SEA CAPTAINS	96
JOCKEY TO THE FAIR	90

26. PRELIMINARY CHAMPIONSHIPS

A. A minimum of three adjudicators must officiate. **B.** The first age group for prelim champions is under 10yrs. **C.** Where a Preliminary Championship is held separate from an Open Championship three rounds should be included; ie Reel or Slip jig, Heavy Jig or Hornpipe and any Set Dance. **D.** Where a Preliminary Championship is combined with an Open Championship, the result for the Preliminary Championship should be taken from eligible dancers ranking after the first two rounds.

E. Where there are separate Open and Preliminary Championships, dancers may compete in both championships at the discretion of the feis organiser. **F.** Where a competitor wins two Prelim Championships, they must dance in Open Championship for a period of 12 months thereafter. **G.** For grading purposes, two wins will be taken as being in any two year rolling period. Where a dancer does not win a second Preliminary Championship within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancers start afresh.

H. Where there are less than 6 competitors in a Prelim Championship, that will not normally be considered for grading purposes. However where a dancer wins three Prelim Championships, regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter. **I.** Dances performed in a Preliminary Championship do not count for grading solo competitions. **J.** Dancers placing 1st - 3rd in an Open Championship with up to 20 competitors, or 1st - 5th in an Open Championship with more than 20 competitors, cannot compete in a Preliminary Championship for a period of 12 months. **K.** A solo World Qualifier (in the previous 12 months) will not be eligible to compete in a Preliminary Championship, the exception to this would be any dancer who may have automatically qualified due to low numbers in his/her respective Regional Oireachtas.

L. If there are 5 or less dancers in any single age group, competitions will be held in a double age group.

OPEN CHAMPIONSHIPS

Under 10 to Senior Championships will be adjudicated by a panel of six adjudicators.

One panel of 3 for rounds 1 & 2, further panel of 3 for 3rd round.

All Championships are mixed unless there are 5 or more boys in any age group.

We continue to recognise our local dancers, the highest placed North East dancer in every

Open Championship from Under 8 upwards will be presented with the local award.

A Parade of Champions will take place after completion of each of the Minor, Junior & Senior sets of championships. (upto U9, U14 & SNR)

The Parade will include the top 3 placed dancers in all Open Prelim and all local champions.

This will be Followed by the adjudicators selecting our Minor, Junior and Senior Champion of Champions, who will be awarded our beautiful memorial trophies.

PROVISIONAL TIMETABLE - 2024 NORTH EAST OF ENGLAND CHAMPIONSHIPS - 15TH JUNE 2024

TIME	HALL A - STAGE ONE	TIME	HALL A - STAGE TWO	TIME	HALL C - PINE STUDIO - UPSTAIRS
0815	U11 PRELIM & OPEN CHAMPIONSHIP	0815	U10 PRELIM & OPEN CHAMPIONSHIP		
09.30	U11 PRELIM & OPEN SET DANCE	09.30	NO COMPETITIONS	09.30	UNDER 10 PRELIM & OPEN SET DANCE
10.15	UNDER 8 OPEN CHAMPIONSHIP	10.15	UNDER 9 OPEN CHAMPIONSHIP	11.00	UNDER 13 BEGINNERS
11.15	UNDER 6 OPEN CHAMPIONSHIP	11.15	UNDER 7 OPEN CHAMPIONSHIP		UNDER 13 PRIMARY
	<u>MINOR CHAMPION OF CHAMPIONS COMPETITION AND PARADE</u>				UNDER 13 INTERMEDIATE
12.15	U12 PRELIM & OPEN CHAMPIONSHIP	12.15	U14 PRELIM & OPEN CHAMPIONSHIP		
13.15	U12 PRELIM & OPEN SET DANCE	13.15	NO COMPETITIONS	13.15	UNDER 14 PRELIM & OPEN SET DANCE
14.00	LUNCH	14.00	LUNCH		
14.30	U13 PRELIM & OPEN CHAMPIONSHIP	14.30	U15 PRELIM & OPEN CHAMPIONSHIP		
15.30	U13 PRELIM & OPEN SET DANCE	15.30	NO COMPETITIONS	15.30	UNDER 15 PRELIM & OPEN SET DANCE
16.15	UNDER 16 OPEN CHAMPIONSHIP	16.15	UNDER 18 OPEN CHAMPIONSHIP		
17.15	UNDER 16 OPEN SET DANCE	17.15	NO COMPETITIONS	17.15	UNDER 18 OPEN SET DANCE
18.00	O15 PRELIM & U17 OPEN CHAMPIONSHIP	18.00	UNDER 19 OPEN CHAMPIONSHIP	19.00	OVER 15 PRELIM SET DANCE
19.00	U21 & OVER 21 OPEN CHAMPIONSHIP ALT				UNDER 17 OPEN SET DANCE
	U21 & OVER 21 SET DANCE ALTERNATING				UNDER 19 SET DANCE

LIAM HARPER MEMORIAL TROPHY - OPEN TO ALL MALE COMPETITORS - EACH TO DANCE 16 BARS IN REEL TIME

JUNIOR & SENIOR CHAMPION OF CHAMPIONS COMPETITION - JUNIOR U10 to U14 & SENIOR U15 to SENIOR PARADE OF CHAMPIONS - TOP 3 PLACED OPEN, PRELIM & LOCAL CHAMPIONS TO BE INCLUDED

TIME	HALL B - FLOOR ONE	TIME	HALL B - FLOOR TWO
08.30	UNDER 8 INTERMEDIATE & OPEN ALTERNATING	08.30	UNDER 9 INTERMEDIATE & OPEN ALTERNATING
	UNDER 8 PRIMARY		UNDER 9 PRIMARY
	UNDER 8 BEGINNER		UNDER 9 BEGINNER
10.30	UNDER 5 & U6 INTER & OPEN ALTERNATING	10.30	UNDER 7 INTERMEDIATE & OPEN ALTERNATING
	UNDER 5 & U6 PRIMARY		UNDER 7 PRIMARY
	UNDER 5 & U6 BEGINNER		UNDER 7 BEGINNER
	UNDER 5 PREMIER		NO COMPETITIONS
12.00	<u>UNDER 6YRS TINY TOTS FIRST STEPS - UNGRADED - TEACHERS MAY ACCOMPANY DANCERS ON STAGE</u>		
12.45	UNDER 10 BEGINNERS	12.45	UNDER 11 BEGINNERS
	UNDER 10 PRIMARY		UNDER 11 PRIMARY
	UNDER 10 INTERMEDIATE		UNDER 11 INTERMEDIATE
14.30	UNDER 12 BEGINNER	14.30	NO COMPETITIONS
	UNDER 12 PRIMARY		OVER 13 PRIMARY
	UNDER 12 INTERMEDIATE		UNDER 14 & OVER 15 INTERMEDIATE ALTERNATING

ALL DANCERS ARE REQUIRED TO BE READY TO DANCE 30 MINUTES PRIOR TO TIME SHOWN ON TIMETABLE

COMPETITION INFORMATION, AGE GROUPS & FEES.

SOLO COMPETITIONS.

Reel (Cor) Slip Jig (Port Luascach) Single Jig (Port Single) Light Jig (Port Eadtrom)

Trophy Reel (Cor Trofai) Heavy Jig (Port) Hornpipe (Cornphiopa) **Traditional set Open U8 & U9**

Under 6yrs Ungraded Reel Tiny Tots Reel - Open to Dancers who are not yet ready to compete in grades.

Required to dance 16bars in Reel. Teachers may accompany dancers on stage.

Beginners: (bun-grad) Under 6 7 8 9 10 11 12 13

Primary: (tus-ghrad) Under 6 7 8 9 10 11 12 13 Over 13

Intermediate: (mean-grad) Under 6 7 8 9 10 11 12 13 14 15 Over 15

Open: (ard-ghrad) Under 6 7 8 9

Please note on entry any U5 age dancers. If there are sufficient numbers we will run solo competitions.

MIXED PRELIMINARY CHAMPIONSHIPS:- OPEN TO DANCERS FROM ALL REGIONS.

Age groups: Under 10 11 12 13 14 15 Over 15

1st ROUND: Reel or Slip jig 2nd ROUND: Heavy jig or Hornpipe

3rd ROUND: Open Set Dance. **Traditional or Open Set Dance for Under 10yrs only**

UNDER 5 PREMIER REEL

MIXED OPEN CHAMPIONSHIPS - Age groups: Under 6 7 8 9 10 11 12 13 14 15 16 17 18 19 U21 O21

Under 6 & Under 7 1st Round: Reel. 2nd Round: Single Jig or light Jig

Under 8 yrs 1st Round: Reel. 2nd Round: Heavy Jig. 3rd Round: Hornpipe or Traditional S/D

Under 9 yrs 1st Round: Reel. 2nd Round: Heavy Jig/Hornpipe. 3rd Round Traditional S/Dance

To compete in Under 6 to Under 9 Open Premiers and Open Championships dancers are required to compete in the solo competitions of their relevant age groups.

Under 10 yrs to Senior: Reel (cor) or Slip Jig (port luascach) & Heavy Jig (port) or Hornpipe (cornphiopa) Recall:- Open Set Dance.

Solo Medals will be awarded to all dancers in the first 2 rounds of Prelim & Open Championships

Marks will be available for sale after each championship.

Figure Dancing:

2 & 3 hand Teachers own composition. 4, 6 & 8 hand taken from Ar Rinci Foirne

Entry Fees:

Solo: £6.00 / Trophy Competition: £6.50 Tiny Tots £7.00 per dancer

Premier U5 £10.00 / Open Championship: U6 to U9 £25.00

Open Championships: U10 - Senior - £40.00

Preliminary Championships: U10 - Over 15- £40.00

Figure Dancing £5.00 per dancer.

Dancer Maximum £60.00 / Family Maximum £85.00

Discounts:

Where an individual dancer's fees exceed £60.00

A 'Dancers Maximum' fee of £60.00 would be payable

Where a family fee exceeds £85.00

A 'Family Maximum' fee of £85.00 would be payable

Championship & Prelim charged @ £20.00 when entering 5+ solo grades

Door Entry: Adult £6.00. Child FREE. Concession £3.00. 2 Day pass £10.00 Programme £5.00

Closing Date for receipt of Entries: WEDNESDAY 12th JUNE 2024. Fees to be paid ONLINE.

1. Entries online at: <https://clrg.gofeis.net/feis-detail/12#syllabus>

2. Teachers are responsible for ensuring all entries submitted are correct.

3. Details as submitted by teachers will appear in the official championship programme

DIRECTIONS TO:- PARKS LEISURE CENTRE HOWDON RD, NORTH SHIELDS. NE29 6TL.

By Rail

From Central Station take Metro to Meadow Well Metro station. Alight from Metro station onto Bridge Street South. Head East .3 miles to 1st Round about turn right onto Howdon Road. Parks Leisure Centre on left hand side.

By Car: Approaching from the North A1

Leave A1 at junction for A19 Tyne Tunnel. Stay on A19. Take 1st slip road signed A193 North Shields. At R/Abt take 1st exit onto A193. At R/Abt take 3rd exit onto A187 Howdon. Continue on A187 crossing over 3 R/Abts. At 4th R/Abt take 1st exit which takes you into Parks Leisure Centre Howdon Road. North Shields NE29 6TL (Due to changes in Road layout, it is no longer necessary to leave A19 at Silverlink R/A).

By Car Approaching from the South A1 (M).

After passing Washington Services (A1M) keep right at the fork to continue on A194(M), follow signs for South Shields. At R/Abt take 2nd exit onto Leam Lane/A194. Continue on A194 at next R/Abt take 2nd exit onto A19 signed Morpeth/Tyne Tunnel. Continue on A19 and go through Tyne Tunnel. at R/Abt take exit onto signed A187 Howdon Road. Continue on A187 crossing over 3 R/Abts. At fourth R/Abt take 1st exit which takes you into Parks Leisure Centre Howdon Road. North Shields NE29 6TL

By Car Approaching from the West A69

From A69 cross over A1 to A186. At next R/Abt turn left onto A191. Follow signs for A167 to A167(M) City Bypass. Take exit onto A1085 signed Tynemouth proceed straight ahead going through several sets of Traffic lights. Take slip road signed Tyne Tunnel and stay in right hand lane. At R/Abt take 4th exit signed Tyne Tunnel A19. Take next slip road signed A193 North Shields and turn left. Move over to Rt hand lane at R/Abt take 3rd exit onto A187 Howdon Road. Continue on A187 crossing 3 further R/Abts. At fourth R/Abt take 1st exit which leads you into Parks Leisure Centre Howdon North Shields. NE29 6TL

ACCOMMODATION

<u>Feis Hotel:- Village Hotel</u> Village Hotel Cobalt Business Park, West Allotment, Newcastle Upon Tyne. Central reservations: 0871 222 4600 NE27 0BY	<u>Nearest Accommodation to Feis Venue.</u> Premier Inn - North Shields Ferry Terminal Coble Dene Road, North Shields. NE29 6DL Tel: 0871 527 8820
<u>Premier Inn</u> Edmund Road, Holystone, Tyne & Wear. NE27 0UN Tel: 0871 527 8790	<u>Travel Lodge</u> Cobalt Business Park Silver Fox Way Newcastle Upon Tyne NE27 0QJ

AIRLINES FLYING TO NEWCASTLE INTERNATIONAL

Ryanair: Dublin, London Stanstead & Gatwick	British Airways: London Heathrow & Dublin
Easy Jet: Bristol & Belfast International	Aerlingus: Dublin and Cork
Eastern Airways: Cardiff	Loganair: Southampton & Exeter

HELPFUL WEBSITES

www.village-hotels.co.uk
www.trainline.com
www.booking.com

www.istepfm.com
www.skyscanner.net